



OUR SPEAKERS

ADRIANA DE SOUSA LAGES

- ✓ PhD student at Faculty of Medicine University of Coimbra, Portugal
- ✓ Board Certified Specialist by the European Society of Endocrinology Society/ European Union of Medical Specialists
- ✓ Endocrinology and Nutrition Specialist Physician at Braga Hospital, EPE, Portugal
- ✓ Residency of Endocrinology and Nutrition Program accomplish at Endocrinology, Diabetes and Metabolism Department, Coimbra Hospital and University Center, Portugal
- ✓ Integrated Master in Medicine, Faculty of Medicine University of Porto, Portugal
Member of European Endocrinology Society (ESE), ESE Young Endocrinologists & Scientists (EYES); European Thyroid Association; Portuguese Society of Endocrinology, Diabetes and Metabolism; Portuguese Society of Diabetes and *Portuguese Society for the Study of Obesity*

AGOSTINHO MONTEIRO

- ✓ Professor of Medicine, School of Medicine, University of Porto
- ✓ Clinical Hypertension Specialist, European Society of Hypertension
- ✓ Past President (2003-2005), Portuguese Society of Hypertension

ANA ISABEL OLIVEIRA

- ✓ Endocrinologist on the Endocrinology department of Hospital Sao Joao in Porto.
- ✓ Responsible for 3 multidisciplinary teams of her hospital namely: diabetic foot, endocrinopathy in pregnancy and diabetic therapeutic education teams

ANA PINTO

- ✓ Graduated Hospital assistant in Psychiatry at the Psychiatry and Mental Health Service of Centro Hospitalar Universitário do Porto
- ✓ Member of the elected board of the College of Psychiatry of the Portuguese Physicians' College
- ✓ Assistant Professor in the áreas of Mental Health and Medical Psychology in Instituto de Ciências Biomédicas Abel Salazar

CELESTINO NEVES

- ✓ Celestino Neves is Endocrinologist at São João Hospital University Center in Porto.
- ✓ Invited Assistant of the Faculty of Medicine of the University of Porto.
- ✓ His main topic of research is focused on autoimmune thyroid diseases.

OUR SPEAKERS

CÉSAR ESTEVES

- ✓ MD, Specialist in Endocrinology - Nutrition, Grupo Luz Saúde
- ✓ Coordinator of the Advanced Technology for Diabetes Study Group of the Portuguese Diabetology Society
- ✓ Consultant for the Directorate-General of Health

DAVIDE CARVALHO

- ✓ Davide Carvalho is Head of the Department of Endocrinology, Diabetes and Metabolism at Centro Hospitalar S. João.
- ✓ At the University of Porto, he is Associate Professor in the Faculty of Medicine; Chair of Endocrinology, Nutrition and Metabolic Disorders Integrated Master Course; and Core Researcher at I3s (Instituto de Investigação e Inovação em Saúde) research group of Metabolism, Nutrition and Endocrinology.
- ✓ His research interests focus on obesity, lipodystrophies, diabetic complication and neuroendocrine modulation of pituitary tumours.

FEDERICO MALLO

- ✓ Professor of Physiology – Endocrinology University of Vigo. Director Laboratory of Endocrinology, Centre for Biomedical Research, University of Vigo.
- ✓ Coordinator Doctoral Program in Endocrinology – University of Vigo. Board member of the Spanish Society of Obesity.
- ✓ Research Line: Extraparacrine effects of incretins in metabolism and lung function.
- ✓ Published more than 50 research paper in endocrinology with a mean impact factor of 4,2.

FILIFE PINHEIRO

- ✓ Rheumatology Resident at Centro Hospitalar Universitário de São João, Porto
- ✓ Invited Assistant of Rheumatology at Faculdade de Medicina da Universidade do Porto

FLORA CORREIA

- ✓ She finished the degree in Nutritional Sciences in the University of Porto, in 1987, She completed her PhD in Health Sciences at the Faculty of Medicine of University of Lisbon in 2004 In October 2006 she completed her habilitation in Clinical Nutrition in the Faculty of Nutrition and Food Sciences of the University of Porto (FCNAUP).
- ✓ Since 1983 that teaches students at the University of Porto. In 2009 she became an Invited Full Professor, based on curriculum evaluation.
- ✓ Since 1983 she works as a clinical nutritionist in São João Hospital.
- ✓ Since beginning her professional career, she published over 150 articles (40 in international journals) and more than 350 abstracts. She wrote 3 books and 11 book chapters. She presented over 600 oral communications in scientific meetings (90 of those in international meetings). She coordinated the preparation of two manuals of diets in 2006 and 2007 and a training manual in the area of Diabetes Mellitus directed to health professionals. She was granted 44 research awards.
- ✓ She is part of the research team of the Nephrology and Infectiology Group of INEB /i3S of University of Porto.

OUR SPEAKERS

JENS JUUL HOLST

- ✓ Professor, dr.med.
- ✓ University of Copenhagen
- ✓ Department of Biomedical Sciences and NovoNordisk Foundation Center for Basic Metabolic Research

JOÃO MAGALHÃES

- ✓ João Manuel Marques Miranda Magalhães, Consultant Histopathologist ("Assistente Graduado") in the Anatomic Pathology Department of São João University Hospital (CHUSJ).
- ✓ Practicing General, Breast and Thyroid pathologist.
- ✓ MD graduate in Faculty of Medicine of University of Porto

JOÃO SÉRGIO NEVES

- ✓ João Sérgio Neves is Endocrinologist at Centro Hospitalar Universitário de São João and Invited Assistant in the Faculty of Medicine of University of Porto (FMUP).
- ✓ He is PhD student at FMUP and has developed research on the fields of prediabetes, diabetes, obesity, thyroid function, and cardiovascular diseases.
- ✓ He is the author or co-author of over 250 presentations in international congresses and over 50 articles published in international medical journals.

LUÍS CARDOSO

- ✓ Luis Cardoso is a consultant Endocrinologist at Centro Hospitalar e Universitário de Coimbra and researcher at the i3S - Instituto de Investigação e Inovação em Saúde da Universidade do Porto.
- ✓ He currently also serves as treasury of the Portuguese Society of Endocrinology, Diabetes and Metabolism. Luis has studied medicine and received his MD in 2010 at the Nova Medical School in Lisbon and completed his specialty training at the Centro Hospitalar e Universitário de Coimbra.
- ✓ He started his research training at the Oxford Centre for Diabetes, Endocrinology and Metabolism. His main research interests include the pathogenesis of pituitary tumours, particularly Cushing's disease and acromegaly, and parathyroid tumours.
- ✓ He authored and co-authored several publications in the field of Endocrinology.

MANUEL PESTANA

- ✓ Manuel Pestana is Full Professor and Director of the Department of Medicine of the Faculty of Medicine of the University of Porto (UP).
- ✓ He is also the director of the Nephrology Service at Centro Hospitalar Universitário São João and the scientific coordinator of the Research and Development Group in Nephrology and Infectious Diseases at i3S-UP.
- ✓ He is the author of more than 140 full papers in indexed international journals on topics of nephrology.

MARTA GUIMARÃES

- ✓ PhD in Medical Sciences. Medical Doctor – University of Coimbra
- ✓ Invited Professor, ICBAS – University of Porto
- ✓ Consultant Bariatric Surgeon – CRI Tratamento cirúrgico de obesidade e doenças metabólicas - CHEDV, Santa Maria da Feira.
- ✓ 2017 Prémio Nacional de Diabetologia, Sociedade Portuguesa de Diabetologia.
- ✓ 3ª edição do Prémio Banco Carregosa – Ordem dos Médicos.

OUR SPEAKERS

MARTIN BUYSSCHAERT

- ✓ Honorary Head of the Department of Endocrinology, Diabetology and Nutrition at the UCL University Clinic of St-Luc (Brussels, Belgium)
- ✓ Professor (emeritus) at the UCL (Catholic University of Louvain)
- ✓ Honorary Vice-Dean in the faculty of medicine UCL
- ✓ Affiliated Professor of the University of Porto (Portugal)
- ✓ Chair of the Louvain Médical journal
- ✓ Past President of the Belgian Association of Diabetes
- ✓ Member of Diabetes-India and Diabetes Society of Chili
- ✓ Honorary member of the Portuguese Society of Diabetology
- ✓ Author (or coauthor) of more than 450 publications in national and international papers
- ✓ Invited Consultant at Cliniques Universitaires Saint Luc, Brussels
- ✓ Consultant at Medicis Medical Center, Brussels
- ✓ Member of the board of Directors of the French Society of Diabetology (SFD)

MICHAEL BERGMAN

- ✓ Michael Bergman, MD, FACP is Professor of Medicine and of Population Health, Director of Diabetes Prevention, and Endocrinology Section Chief at the VA Manhattan Medical Center in the Division of Endocrinology and Metabolism at the New York University Grossman School of Medicine.
- ✓ He was recently appointed as Affiliated Professor of Medicine, Faculty of Medicine, University of Porto.
- ✓ Dr. Bergman obtained the MD degree from the Catholic University of Louvain and completed a residency in internal medicine at the University of Maryland and fellowship training in Endocrinology and Metabolism at Yale University, Columbia College of Physicians and Surgeons and the Albert Einstein College of Medicine.
- ✓ He has lectured and written widely on prediabetes and diabetes prevention including serving as guest editor for the Medical Clinics of North America and edited a textbook on this subject.
- ✓ His specific interests are in the early diagnosis of individuals at risk for developing diabetes and the clinical translation of evidence-based findings from prevention initiatives.

PATRÍCIA PADRÃO

- ✓ Nutritionist and assistant professor at the Faculty of Nutrition and Food Sciences of the University of Porto.
- ✓ She holds a Master in Public Health and a PhD in Food Sciences and Nutrition.
- ✓ She is member of the Epidemiology Research Unit (EPIUnit) and of the Laboratory for Integrative and Translational Research in Population Health (ITR).
- ✓ Her research interests are focused on the exposure to food and nutritional conditions that increase the risk for noncommunicable diseases.

PAULA FREITAS

- ✓ Endocrinologist in the Department of Endocrinology, Diabetes and Metabolism of the Centro Hospitalar Universitário São João, Porto
- ✓ Assistant Professor at Faculty of Medicine University of Porto
- ✓ Member of the Institute for Research and Innovation in Health (I3S)
- ✓ Editor in Chief of the Portuguese Journal of Endocrinology, Diabetes and Metabolism
- ✓ President of the Portuguese Society for the Study of Obesity

OUR SPEAKERS

PAULA MACEDO

- ✓ M Paula Macedo is currently Professor at the NOVA Medical School, NOVA University in Lisboa, Portugal.
- ✓ Professor Macedo, significant contributions include studies on the impairment of the autonomic nervous system on glucose and lipid metabolism, genetics and environmental factors controlling insulin clearance and insulin resistance, and the role of gut-brain-liver axis focusing on NAFLD.
- ✓ Professor Macedo has been devoted to the promotion of Diabetes in Portugal and abroad, presently she belongs to the direction of Sociedade Portuguesa de Diabetologia.

PEDRO MOREIRA

- ✓ Full Professor of Human Nutrition, and Director of Master Course on Pediatric Nutrition, Faculty of Nutrition and Food Sciences University of Porto
- ✓ Researcher from the Public Health Institute University of Porto (ISPUP-EPIUnit) / Laboratório para a Investigação Integrativa e Translacional em Saúde Populacional (ITR)
- ✓ Editorial Board Member of Nutrients

PHILIPPE FROGUEL

- ✓ Professor of Genomic Medicine
- ✓ Head of Genomics of Common Disease, Department of Metabolism Hammersmith Hospital Campus, Imperial College Faculty of Medicine
- ✓ Directeur de l'UMR INSERM 1283 CNRS 8199-Université de Lille-Pasteur-CHU, du Labex EGID, de l'Equipex LIGAN-Médecine Personnalisée et du Centre National de Médecine de Précision PreciDIAB

RAQUEL MIGUEL TOQUERO

- ✓ Medical Doctor by the Universidad de Valladolid, Spain in 2017
- ✓ Residency in Endocrinology and Nutrition Department, Complejo Hospitalario Universitario de Vigo, 2018-present
- ✓ Member and vowel of the Board of Directors of Sociedad Gallega de Endocrinología, Nutrición y Metabolismo (SGENM), representing Resident Medical Doctors, since 2020
- ✓ First author of 7 scientific communications to national and international congresses and 5 awards for poster presentations
- ✓ Lecture "*Endocrine paraneoplastic syndromes*" at 10 congress of Associação Luso Galaica de Endocrinología, Diabetes e Metabolismo (ALGEDM), year 2020.